

17th Annual Tropical Texas Behavioral Health Mindscape: Behavioral Health Today Conference



Zach Anner

KEYNOTE SPEAKER

Award-Winning Public Speaker,
Host, Comedian, Author, Cerebral
Palsy Foundation Ambassador &
Viral Sensation



October 22, 2026 OR October 23rd, 2026

Courtyard by Marriott
6700 Padre Blvd.
South Padre Island, Texas



Dr. Patrick McElwaine

GENERAL SESSION

Licensed Clinical Psychologist and
Counselor; Certified in CBT and
EMDR; internationally recognized
trainer, author, educator & advocate

AGENDA

7:45 am - 8:25 am	Registration and Light Breakfast
7:45 am - 2:50 pm	Silent Auction
8:25 am - 8:30 am	Welcome by Mr. Terry Crocker, CEO
8:30 am - 10:00 am	<u>Morning Keynote Speaker</u> Joyful Grit: How Embracing Obstacles Unlocks Optimism By Zach Anner
10:00 am - 10:15 am	Break/Exhibitor Booths/Silent Auction
10:00 am - 3:00 pm	Photo Booth
10:15 am - 11:45 am	Breakout Session I: A. (Ethics 1) Emotional Security and Self-Compassion: The Ethical Practice of Differentiating Emotional Experience from Clinical Reality By Chazia Wall-Miles, PhD B. Cognitive Behavioral Therapy for Co-occurring Substance Use and Mental Health Diagnoses By Fredrick Dombrowski, PhD C. Field Safety For Behavioral Health Professionals By Patrick McElwaine, Psy.D. Wellness/Quiet Room
11:45 am - 1:00 pm	LUNCH Photo Booth

1:00pm - 2:30 pm	Breakout Session II: A. (Ethics 2) Emotional Security and Self-Compassion: The Ethical Practice of Differentiating Emotional Experience from Clinical Reality By Chazia Wall-Miles, PhD B. U.S. Violent Extremist Mobilization Indicators By FBI Special Agents Ashley Buchta & Herlinda Serrata C. Neuroplasticity: Transforming Thoughts, Habits and Outcomes By Milton L. Gonzalez, Ed.D Wellness/ Quiet Room
2:30 pm - 3:00 pm	Break, Silent Auction closes at 2:50 p.m. Winners will be texted.
3:00 pm - 4:30 pm	<u>General Session</u> Burnout & Compassion Fatigue in Behavioral Health Professionals By Patrick McElwaine, Psy.D.
4:30 pm - 5:00 pm	Silent Auction Pay and Pick-Up

* Mothers' Room Available: [Inquire at the Registration Desk](#)

SPONSORS

Platinum Sponsor - Photobooth:
E-Con Group, LLC
DHR Health Behavioral Hospital
Palms Behavioral Health

Corporate Sponsor:
South Texas Health System

CMEs & CNEs
provided by



CONFERENCE REGISTRATION:

REGISTER AT: <https://whova.com/portal/registration/sUHakHLeMccBREAZTS@M/>

Early Registration: 8/22 - 9/4/26 **\$125.00**

General Registration: 9/5 - 9/25/26 **\$150.00**

Register at Conference: 10/22 - 10/23/26 **\$175.00**

*** Students & Law Enforcement:** 8/22 - 9/25/26 **\$50.00** **Promo Code Available** (proof required)

Continuing Nursing Education (CNE) & Continuing Medical Education (CME): **\$25.00**

*** Email dwillis@ttbh.org for Student and Law Enforcement Promo Codes ***

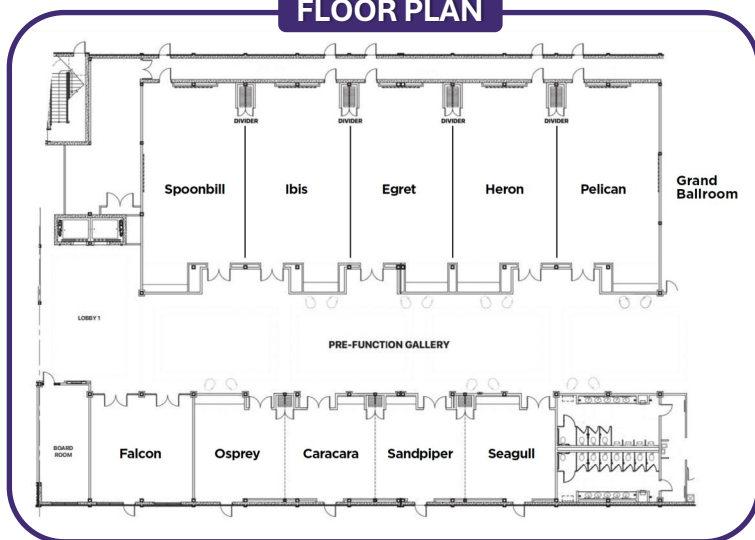
Promo code is available to Licensed Peace Officers (Probation Officers & Security Guards are not eligible for this promotion)

Forms of Payment: All Major Credit and Debit Cards are Accepted. Online payments are processed via Stripe, additional credit card processing fees apply or contact Doreen Willis at (956)289-7258 to make credit card payments over the phone and avoid additional processing fees. If paying by Purchase Order (PO), please email Doreen Willis at dwillis@ttbh.org with the PO attached.

Cancellation & Refund Policy: Cancellation requests must be submitted in writing to Doreen Willis via email (dwillis@ttbh.org) or fax (956-289-7254). A fee of \$25.00 will be deducted from all refund requests received by September 25, 2026.

Registrants who are unable to attend the conference and do not cancel or whom cancel on or after September 26, 2026 will be responsible for the full registration fee.

FLOOR PLAN



HOTELS

Courtyard by Marriott

(Conference Venue & Host Hotel)

\$125.00 per night

**6700 Padre Blvd.
South Padre Island, Texas**

Group Code:
Tropical Texas Behavioral Health

Deadline to Book: 10/5/26

Holiday Inn Resort

\$95.00 per night

**100 Padre Blvd.
South Padre Island, Texas**

Group Code: **TTH**

Deadline to Book: 10/1/26

CMEs:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Texas Medical Association through the Joint Providership of DHR Health and Tropical Texas Behavioral Health.

DHR Health is accredited by the Texas Medical Association to provide continuing medical education for physicians.

DHR Health designates this live activity for maximum of 6 *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with extent of their participation in the activity.

CNEs:

DHR Health is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This CNE activity has been jointly provided by DHR Health collaboratively with Tropical Texas Behavioral Health.

It is the policy of DHR Health, Continuing Medical Education (CME), to ensure balance, independence, objectivity, and scientific rigor in all its educational programs. All individuals involved in the development and presentation of Accredited Continuing Education activities are required to disclose all financial relationship(s) with ineligible companies (those whose primary business is producing, marketing, selling, reselling, or distributing healthcare products used by or on patients) that has occurred within the past 24 months; and the opportunity to affect the content of CME about the products or services of the commercial interests. This information is disclosed to all activity participants prior to the commencement of the educational activity.

DHR Health, CME adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all relevant financial relationships with ineligible companies. All relevant conflicts of interest have been mitigated prior to the commencement of the activity.

**TOTAL CREDIT HOURS
CEU/CME/CNE:
6 HOURS**