# Region 11 – local resources

Counseling – Faith Based

Abundant Grace Counseling Center

3604 Quail Ave.

McAllen, Texas 78504-5835

956-878-8498

First United Methodist

207 Viggie St.

Hebbronville, Texas 78361

361-527-3058

Heavenly Splendor Faith Counseling

1010 E. FM 495

Alamo, Texas 78516

956-457-6560

956-702-3631 Fax

Life Center

901 E. Vermont Ave.

McAllen, Texas 78504

1800-947-5219

Methodist Healthcare Ministries

717 W. Harrison Ave.

Harlingen, Texas 78550

956-655-4619

New Hope Counseling Services

5717 North 10th St. suite C

McAllen, Texas 78504

956-686-6300

956-686-6363 Fax

New Hope RGC

956-487-4778

Ortega & Associates Christian Counseling

4425 North McColl

McAllen, Texas 78504

956-682-5132

PrevenCo

711 W. Nolana Ave. #103C

McAllen, Texas 78504

956-624-9425

Victory Outreach

1901 Cedar Ave.

McAllen, Texas 78501

956-702-2781

A Healthy Image Counseling

6826 Springfield Ave. Ste. 102

Laredo, Texas 78041

956-724-2345

Counseling Center of South Texas

5420 South Jackson Rd.

Edinburg, Texas 78539

956-631-9000

956-631-9013 Fax

Disability Services

Yeshua’s Helping Hands for the Deaf and Hard of Hearing

1201 W. University Drive SHW 1.02 B

Edinburg Texas, 78539

956-245-6009

956-720-4555

Domestic Violence/Sexual Assault

CASA Domestic Violence Shelter

P.O. Box 430175

Laredo, Texas 78043

956- 712-9591

Women’s Shelter

813 Buford

Corpus Christi, TX 78404

361-881-8888

361-580-4878 for victims of domestic violence

Financial Assistance – Clothing

Catholic Charities

1322 Comanche

Corpus Christi, Texas

361-884-0651

Good Samaritan

210 South Alameda

Corpus Christi, Texas

361-883-6195

Mission 911

911 Park Avenue

Corpus Christi, Texas

361-882-0911

Mother Teresa Shelter

513 Sam Rankin

Corpus Christi, Texas

361-883-7372

Parksdale Baptist

4202 Kostoryz Rd.

Corpus Christi, Texas

361-857-0500

Salvation Army

513 Josephine

Corpus Christi, Texas

361-884-9497

Financial Assistance – Food

Catholic Charities

1322 Comanche

Corpus Christi, Texas

361-884-0651

Church of Acts

3811 Carroll Ln.

Corpus Christi, Texas

361852-3551

Food Bank of CC

826 Krill St.

Corpus Christi, Texas

361-887-6291

Food Stamp Office

4410 Dillon Ln.

Corpus Christi, Texas

361-857-0878

Food Stamp Office

5155 Flynn Pkwy.

Corpus Christi, Texas

361-855-9924

Good Samaritan

210 South Alameda

Corpus Christi, Texas

361-883-6195

Metropolitan Comm. Church

501 South Staples

Corpus Christi, Texas

361-882-8255

Mother Teresa’s

513 Sam Tankin

Corpus Christi, Texas

361-883-7372

Salvation Army

513 Josephine

Corpus Christi, Texas

361-884-9497

St. Mark’s

2725 Airline

Corpus Christi, Texas

361-994-0285

St. Patrick’s

3350 South Alameda

Corpus Christi, Texas

361-855-7391

Timon’s Ministries

10501 SPID

Corpus Christi, Texas

361-937-6196

WIC

1702 Home

Corpus Christi, Texas

361-855-9924

Housing

Bethany House

817 Hidalgo St.

Laredo, Texas 78040

956-722-4152

Buckner Foster Care

3780 North Bentsen Palm Dr.

Mission, Texas 78574

956-585-4847

CASA Domestic Violence Shelter

P.O. Box 430175

Laredo, Texas 78043

956- 712-9591

Catholic Charities

955 W. Price Rd.

Brownsville, Texas 78520

956- 956-541-0220

Catholic Charities

700 North Virgen De San Juan Blvd.

San Juan, Texas 78589

956-702-4088

Catholic Charities Mens Transitional Home

1605 Mestina

Corpus Christi, TX

361-904-0377

App. fee $36, Deposit $114, $350/mo., and $50 for food

CCMM Rainbow House

1927 Leopard

Corpus Christi, TX

361-887-0670

women/women with children

CCMM Rustic House

1919 Leopard

Corpus Christi, TX

361-888-4446

Disabled or over 60

Corpus Christi Hope House

658 Robinson

Corpus Christi, Texas

361-852-2273

must be pregnant

Family Crisis Center

616 W. Taylor St.

Harlingen, Texas 78550

956-423-9304

Family Endeavors

1024 Leopard, Suite E

Corpus Christi, TX

361-356-3649

Veterans

Friendship of Women

95 E. Price Rd. Building C

Brownsville, Texas 78520

956-544-7412

Good Samaritan

210 South Alameda

Corpus Christi, TX

361-883-6195

No children

Housing Authority

3701 Ayers

Corpus Christi, TX

361-889-3300

La Posada Provencia

30094 Marydale Rd.

San Benito, 78586

956- 399-3826

Loaves and Fishes

514 S. E. St.

Harlingen, Texas 78550

956-423-1014

Metro Ministries (House for Women and Children)

1919 Leopard

Corpus Christi, Texas78408

361-887-0151

Mission 911

911 Park Avenue

Corpus Christi, TX

361-882-0911

$2/night men only; $50/week family section

Mother Teresa Shelter

513 Sam Rankin Ave.

Corpus Christi, Texas 78401-2621

361-883-7372

361-881-1373 Fax

Mother Teresa Trans. Home

1605 Mestina

Corpus Christi, Texas 78401-2621

361-904-0377

361-904-0885 Fax

24 beds

Mujeres Unidas

511 N. Cynthia St.

McAllen, Texas 78501

956-630-4881

OSNAM Center

656 North Minnesota

Brownsville, Texas 78520

956-831-6331

Outcry in the Barrio

1207 Craig St.

Corpus Christi, TX

361-882-3279 or

361-882-5555

Oxford Mens – Arbor Park

5030 Bonner Drive

Corpus Christi, TX

361-334-1541

8 beds

Oxford Mens – Braes Valley

4902 Brinkwood Dr.

Corpus Christi, TX

361-334-2284

9 beds

Oxford Mens – Carroll Woods

4326 Honduras Dr.

Corpus Christi, TX

361-334-6005

7 beds

Oxford Mens – Central Park South

4613 Kirkwood Drive

Corpus Christi, TX

361-452-0612

7 beds

Oxford Mens – East Manor

1625 E. Maor Dr.

Corpus Christi, TX

361-334-1215

7 beds

Oxford Mens – La Palmera

5110 Janssen Drive

Corpus Christi, TX

361-334-5595

6 beds

Oxford Mens – Oso Bay

1518 Dewitt St.

Corpus Christi, TX

361-658-2078

6 beds

Oxford Mens – Parkdale

4218 Dolphin Place

Corpus Christi, TX

361-658-2078

7 beds

Oxford Womens – Oceanside

3511 Floyd St.

Corpus Christi, TX

361-929-5311

7 beds

Oxford Womens – Olander

333 Oleander Ave.

Corpus Christi, TX

361-371-5403

8 beds

Oxford Womens – Saint Andrews

5201 Bromley

Corpus Christi, TX

361-929-572

8 beds

Oxford Womens - Santa Monica

514 Santa Monica Place

Corpus Christi, TX

361-334-0240

7 beds

R.C.I.

626 Robinson #5

Corpus Christi, TX

361-688-3403

Sacred Heart Children’s Home

3310 South Zapata Hwy.

Laredo, Texas 78046

956-723-3343

Salvation Army

621 Josephine

Corpus Christi, TX

361-884-9497

2 nights free; $5/night after

Salvation Army

1600 N. 23rd St.

McAllen, Texas78501

956-682-1468

Search for Truth Ministry

709 Waco

Corpus Christi, Texas

361-882-4143

One night free, $3 after; men only, no children

South Texas Childrens Home

4438 South Staples

Corpus Christi, Texas 78411

361-994-0940

STCH – Family Ministry

4438 South Staples

Corpus Christi, Texas 78411

361-991-8680

Victory Ministries

1901 Cedar Ave.

McAllen, Texas 78501

956-702-2781

Wenholz House

12200 10th St.

Corpus Christi, TX

361-452-0591 or

361-548-7888

Women’s Shelter

813 Buford

Corpus Christi, TX 78404

361-881-8888

361-580-4878 for victims of domestic violence

Women’s Wenholz House

301 King St.

Corpus Christi, TX 78401

361-883-8677

Substance Abuse/Addiction Services

A Healthy Image Counseling

6826 Springfield Ave. Ste 102

Laredo, Texas 78041

956-724-2345

Behavioral Health Alliance Pharr

5510 North Cage Blvd.

Pharr, Texas 78577

956-787-3544

956-787-3548 Fax

CBWF

5633 South Staples

Corpus Christi, Texas 78411

361-814-2001

Challenges and Changes

701 North Ware Rd.

McAllen, Texas 78501

956-664-0057

Charlie’s Place

Main (24-hour): (361) 826-5350

Toll-free: (877) 267-8110

5501 IH 37 (@ McBride Lane)

Corpus Christi, Texas

Counseling Center of South Texas

5420 South Jackson Rd.

Edinburg, Texas 78539

956-631-9000

Cuellar & Cuellar P.L.L.C.

361- 779-1156

DAPA

5500 Guhn Rd. Ste. 100

Houston, Texas 77040

713-783-8889

Growing Generations

1114 N Alton Blvd.

Mission, Texas 78573

956-457-3049

Guzman & Associates

210 W. Nolana Ave. Ste. B

McAllen, Texas 78504

956-664-1600

Lighthouse Counseling

956-982-4511

Lorena Trevino LPC

956-437-6867

Mesquite Treatment Center

513 East Jackson Ste 221

Harlingen, Texas 78550

956-428-2100

New Beginnings

3120 Center Point Dr.

Edinburg, Texas 78539

956-381-1189

Nexus Recovery Center

8733 La Prada Dr.

Dallas, Texas 75228

214-321-0156

Palmer Drug Abuse Program

115 North 9th St.

McAllen, Texas 78501

956-687-7714

RCCC

700 East Levee Ste. 101

Brownsville, Texas 78520

Brownsville 956-548-0028

Harlingen/ 956-428-7800

SCAN

2387 E. Saunders St. #2

Laredo, Texas 78041

956-724-5111

SCAN

2387 E. Saunders St. #2

Laredo, Texas 78041

Adult Male 956-728-9131

Female Adult- 956-791-7800

SCAN OP Pharr

1315 W. Polk Ave. Ste. 16

Pharr, Texas 78577

956-961-4381

South Texas Psy. & Wellness Ctr.

604 South 77 Sunshine Strip Ste. B

Harlingen, Texas 78550

956-778-4486

956-622-3541 Fax

STSARS

907 Antelope P.O. Box 2745

Corpus Christi, Texas 78403

361-882-9979 or

361-882-4469

Valley Aids Council

857 East Washington St.

Brownsville, Texas 78520

956-541-2600

Harlingen-428-9322

Yeshua’s Helping Hands / For the Deaf and Hard of Hearing

1201 W. University Drive SHW 1.02 B

Edinburg, Texas 78539

956-245-6009

Substance Abuse/Mental Health Services – Private Residential Facilities

AAMA/ Selena Center

248 Post Ave.

San Antonio, Texas 78215

210-223-4004 or

956-728-0440

Axis Residential Treatment

1-86-737-3570

Bright Vista – Medical Stabilization

301 West Exp. 83

McAllen, Texas 78503

956-971-5680

Corpus Christi Medical Center

361-767-4400

H.O.W. Foundation Inc.

P.O. Box 2267

Universal City Texas 78148

800-354-7370

Lifetime Recovery

96 Cross Roads Ste. 201

San Antonio, Texas 78201

210-633-0201

Origins Recovery

4405 Padre Blvd

South Padre Island, Texas 78597

956-772-9200 or

1-888-843-8935

Shoreline

1220 Gregory St.

Taft, Texas 78390

1-800-628-3265

Starlite Recovery Center

230 Meza Verde Drive East

Center Point Texas 78010

800-292-0148

Valley Baptist Brownsville

1040 West Jefferson

Brownsville, Texas 78520

956-698-5400

Intimate Partner Violence (IPV) Resource

* The National Domestic Violence Hotline (24/7) 1-800-799-SAFE (7233)
* National Resource Center on Domestic Violence 1-800-537-2238 o Resource Center on Domestic Violence: Child Protection and Custody 1-800-52PEACE (527-3423)
* Futures without Violence 1-800-792-2873
* Texas SAFE Alliance (24/7) 512-267-7233 (SAFE)
* Texas Advocacy Project: Legal Line 1-800-374-HOPE

Licensed mental health authority – Region 11

Border Region Behavioral Health Center

1500 Pappas St.

Laredo, TX 78041

Crisis Phone: 800-643-1102

Main Phone: 956-794-3000

Website: http://www.borderregion.org/

Counties Served: Jim Hogg, Starr, Webb and Zapata

Camino Real Community Services

19965 FM 3175 N.

Lytle, TX 78052

Crisis Phone: 800-543-5750

Main Phone: 210-357-0300

Website: http://www.caminorealcs.org/

Counties Served: Atascosa, Dimmit, Frio, La Salle, Karnes, Maverick, McMullen, Wilson and Zavala

Coastal Plains Community Center

200 Marriott Dr.

Portland, TX 78374-2213

Crisis Phone: 800-841-6467

Main Phone: 361-777-3991

Website: http://www.cpmhmr.org/

Counties Served: Aransas, Bee, Brooks, Duval, Jim Wells, Kenedy, Kleberg, Live Oak and San Patricio

Gulf Bend Center

6502 Nursery Drive, Suite 100

Victoria, TX 77904-1178

Crisis Phone: 877-723-3422

Main Phone: 361-575-0611

Website: http://www.gulfbend.org/

Counties Served: Calhoun, DeWitt, Goliad, Jackson, Lavaca, Refugio, and Victoria

Behavioral Health Center of Nueces County

1630 S. Brownlee

Corpus Christi, TX 78404-3178

Crisis Phone: 1-888-767-4493

Main Phone: 361-886-6900

Website: http://www.ncmhmr.org/

Counties Served: Nueces

Tropical Texas Behavioral Health

1901 S. 24th Ave.,

Edinburg, TX 78540

Crisis Phone: 877-289-7199

Main Phone: 956- 289-7000

Website: http://www.ttbh.org/

Counties Served: Cameron, Hidalgo and Willacy

# DSHS Funded PPI & PADRE Programs – Region 11

* Serving Children and Adults in Need (SCAN)  
  1605 Saldana Avenue  
  Laredo, Texas 78041  
  956-724-3177
* Behavioral Health Solutions of South Texas  
  5510 N. Cage Blvd., Ste. C.  
  Pharr, Texas 78577  
  956-787-7111
* Coastal Bend Wellness Foundation  
  5633 South Staples Street, Suite 700  
  Corpus Christi, 78411  
  361-814-2001
* Council on Alcohol and Drug Abuse - Coastal Bend  
  Project Link  
  1801 South Alameda Street, Suite 150  
  Corpus Christi, Texas 78404  
  361-854-9199

Common Hotline Phone Numbers

* Family Violence Legal Line (800) 374-4673
* FTC Identity Theft (877) 438-4338
* Health and Human Services Information 2-1-1
* Mothers Against Drunk Driving (800) 777-6233
* National Center for Missing and Exploited Children (800) 843-5678
* Relay Texas (Deaf) (800) 735-2988
* Reporting Child Abuse (800) 252-5400
* Runaway Hotline (888) 580-4357
* Suicide Hotline (800-SUICIDE) (800) 784-2433
* Victim Services
* Texas Department of Public Safety ( 512 ) 424-2211
* Texas Council on Family Violence (800) 525-1978
* Texas Crime Stoppers (800) 252-8477
* Texas Crime Victims Clearinghouse (800) 848-4284
* Texas Rural Legal Aid (800) 369-0574
* Texas Youth Hotline (800) 210-2278
* Victim Information and Notification Everyday (VINE) (877) 894-8463
* Texas Advocacy Project (800) 777-3247
* Texas Legal Services (888) 343-4414

National Resources

SAMHSA’s National Helpline

Call 1-800-662-HELP (4357)

Call 1-800-273-TALK (8255)

National Suicide Prevention Helpline

AIDS Info: Treatment, Prevention and Research

(800) HIV-0440

American Social Health Association: Sexually Transmitted Disease Hotline

(800) 227-8922

CDC AIDS Information

(800) 232-4636

ALCOHOL

Alcohol Hotline (800) 331-2900

Al-Anon for Families of Alcoholics (800) 344-2666

Alcohol and Drug Helpline (800) 821-4357

Family’s Anonymous (800) 736-9805

National Council on Alcoholism and Drug Dependence Hope line

(800) 622-225

CHILD ABUSE

Judge Baker Children’s Center – Child Abuse Hotline

(800) 792-5200

Child Help USA National Child Abuse Hotline

(800) 422-4453

CRISES AND SUICIDE

Girls & Boys Town National Hotline

(800) 448-3000

National Suicide Prevention Lifeline

(800) 273-TALK (8255)

National Youth Crisis Hotline

(800) 442-HOPE (4673)

DOMESTIC VIOLENCE

National Domestic Violence Hotline

(800) 799-7233

National US Child Abuse Hotline

(800) 422-4453

MEDICAL

American Association of Poison Control Centers

(800) 222-1222

America Social Health: STD Hotline

(800) 227-8922 PREGNANCY

Planned Parenthood Hotline

(800) 230-PLAN (230-7526)

RAPE AND SEXUAL ASSAULT

National Domestic Violence/Child Abuse/ Sexual Abuse

(800) 799-7233

RUNAWAY

Child Find of America

(800) 426-5678

National Hotline for Missing & Exploited Children

(800) 843-5678

OTHER

Eating Disorders Awareness and Prevention

(800) 931-2237

Teen Help Adolescent Resources

(800) 840-5704

Shoplifters Anonymous

(800) 848-9595

Texas Poison Control

(800) 222-1222

Children’s Services

National Center for Child Welfare Excellence (NCCWE)

<http://www.nccwe.org>

National Center for Substance Abuse and Child Welfare

<https://www.ncsacw.samhsa.gov>

The Children’s Bureau (CB)

<http://www.acf.hhs.gov/programs/cb>

Disabilities

A Safety Guide for Disabled Pedestrians

<http://www.onlineloancalculator.org/resources/disabled-pedestrians.php>

Disability Accommodation Cost Guide

<http://www.homeadvisor.com/cost/disability-accommodation/>

Fire Safety & Disabilities Guide

<http://www.improvenet.com/a/fire-safety-and-disabilities-guide>

Home Safety for People with Disabilities

<http://www.redcross.org/prepare/location/home-family/disabilities>

Increasing Physical Activity among Adults with Disabilities

<http://www.cdc.gov/ncbddd/disabilityandhealth/pa.html>

Stay Active with a Disability: Quick Tips

<http://www.healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/obesity/stay-active-with-a-disability-quick-tips>

The Ultimate Guide to Driving with Disabilities

<http://www.toyotaexpert.com/driving-resources/>

Domestic Violence

Domestic Violence

<http://www.nrcdv.org/>

National Domestic Violence Hotline

<http://www.feminist.org/911/crisis.html>

Health

Health and Human Services

<http://www.hhs.gov/>

Healthy Women

<http://www.healthywomen.org/>

HIV Resources

<http://aidsetc.org/>

Increasing Physical Activity among Adults with Disabilities

<http://www.cdc.gov/ncbddd/disabilityandhealth/pa.html>

Stay Active with a Disability: Quick Tips

<http://www.healthfinder.gov/HealthTopics/Category/health-conditions-and-diseases/obesity/stay-active-with-a-disability-quick-tips>

Housing

Help for Tenants, Homeowners and Homeless Persons

<http://www.nhlp.org/help>

Homelessness Resources Center

<http://homeless.samhsa.gov/>

Shared Housing Center

<http://nationalsharedhousing.org/program-directory/>

Mental Health

Mental Health Resource

<http://psychcentral.com/>

Health and Human Services

<http://www.hhs.gov/>

Veterans Resources

<http://www.agif-nvop.org/>

Substance Abuse

Drug Free World

<http://www.drugfreeworld.org/#/interactive>

National 12 Information

<http://meetings.intherooms.com/>

National Alcoholism and Substance Abuse Information Center

<http://www.addictioncareoptions.com/>

National Center for Substance Abuse and Child Welfare

<https://www.ncsacw.samhsa.gov>

National Institute on Drug Abuse

<http://www.drugabuse.gov/>

National Substance Abuse Index

<http://nationalsubstanceabuseindex.org/>

Other

LGBT and Aging

<http://www.lgbtagingcenter.org/index.cfm>